

# 2023 Mental Health Summit



Please find below the schedule for the 2023 Mental Health Summit's live webinars during July 15 & 16. All session times for the Summit are in British Summer Time (BST).

## Day 1 | Saturday 15 July

### STEPS: Steps To Evaluate Progression of Suicidality



Dr. Manaan Kar Ray

🕒 9am - 10am (BST)

### Coercive Control - Recognise, Manage, Change



Dr. Michael Acton

🕒 11am - 12pm (BST)

### 5 Ways to Decolonize Your Mental Health Practice



Dr. Cirecie A. West-Olatunji

🕒 1pm - 2pm (BST)

### Workplace Suicide Prevention



Dr. Sally Spencer-Thomas

🕒 3pm - 4pm (BST)

### Cognitive Behaviour Therapy for Challenging Problems



Dr. Judith S. Beck

🕒 5pm - 6pm (BST)

## Day 2 | Sunday 16 July

### Personal Synthesis and the ECS: A Transdiagnostic Mechanism for How Trauma Breaks Down Self



Dr. Jamie Rickcord

🕒 9am - 10am (BST)

### Conceptualising and Treating Sex Addiction



Dr. Amanda L. Giordano

🕒 11am - 12pm (BST)

### Empowering Strategies for Extreme Forms of Aggression and Self-Injury: Recovery-Oriented Cognitive Therapy



Dr. Ellen Inverso

🕒 1pm - 2pm (BST)

### Practical Strategies for Integrating Neuroscience Into Your Clinical Practice



Dr. Chad Luke

🕒 3pm - 4pm (BST)

### Ketamine-Assisted Therapy for Treatment-Resistant Depression



Dr. Hillary Lin

🕒 5pm - 6pm (BST)

 Learn more and register here:  
[www.mentalhealthacademy.co.uk/summit](http://www.mentalhealthacademy.co.uk/summit)

